

Kids' Menu

Chocolate chip or banana pancakes

Assortment of muffins and mini-croissants

Mini waffles

served with wild berries or chocolate sauce, topped with whipped cream

Chocolate chip cookies

Mini French toast

fried with egg and cinnamon

The Fibre Harbour

Hot cereals

oatmeal, cream of wheat, grits [brown sugar and raisins on request]

Cold cereals

Corn Flakes, Choco-Krispies, Frosties, Müsli, Rice Krispies, All-Bran

Birchermüsli

cereals, plain yogurt, apples, walnuts and honey,

Fruits and Yogurts

Fruits

fruit salad, half grapefruit, selection of fresh fruit, baked apples, stewed prunes, fruit in syrup

Yogurts

assorted fruit flavours, plain, fat-free

Bread spreads

fruit jams, sugar-free preserves, honey, butter and margarine

Beverages

Hot drinks

American coffee, decaffeinated coffee, hot chocolate, selection of teas and infusions

Fruit juices

orange, pineapple, ACE, grapefruit, tomato

Hot and Crispy

Buttermilk pancakes

Belgian waffles

your choice of toppings: mixed berries, whipped cream, syrup or chocolate topping

Cinnamon raisin French toast

with syrup

Baked Just for You

Selection of pastries

croissants, pain au chocolat, assorted Danish and muffins

Bread

white rolls, wholemeal rolls, pumpernickel, sliced wholemeal or six-grain bread, baguette, toasted white and wholemeal bread

MSC Express

Scrambled or fried eggs, pork link sausages, bacon, hash brown potatoes, grilled tomato and mushrooms sautéed with garlic and parsley*

Eggs and Omelette

Your choice of eggs to order*

sunny side up, over easy, boiled, scrambled or poached

Create your own omelette*

bacon, ham, mushrooms, cheddar cheese, sweet peppers, spinach, tomato, onions, served with hash brown potatoes

Eggs benedict*

poached eggs on smoked ham and toasted English muffin, covered with hollandaise sauce and cheese

Scrambled eggs with cheese*

On the Side

Cold cuts

salami, cooked ham, mortadella, turkey

Hot sides

bacon, cooked ham, sausages

Vegetables and potatoes

grilled tomatoes, roasted mushrooms, hash brown potatoes, sautéed potatoes, baked beans

Selection of international cheeses

ricotta, Gouda, Emmental, mild provolone

From the Sea

Marinated herrings*

with white wine, vinegar and onions

Grilled kippers*

with sautéed potatoes and lemon wedges

Smoked salmon*

with onions, tomatoes, capers and lemon

If you have any allergy or sensitivity to specific foods, please notify our staff before ordering.

*Public health advisory: Consuming raw or undercooked meats (poultry, beef, lamb, pork, etc.), seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



MSC Cruises takes all possible precautions to ensure that the food offered to its guests is of the highest quality. Certain foods may have been frozen. These foods are defrosted using the most scrupulous procedures that do not alter the organoleptic qualities of the products. We advise that eating raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. All menus are subject to change depending on product availability. The complete list of food ingredients from the menu items is available upon request. For low sodium diet please contact your Head Waiter or Restaurant Manager.